

Open Programme in
Birmingham starting
September 2010

Springboard®

Experience the Leading Development Programme for Women!

Springboard is the internationally acclaimed personal and work development programme for women, recognised in around 30 countries throughout the world.

WHAT DOES IT DO?



It helps you to:

- take charge of your life
- achieve your goals for the future
- handle stress better
- balance home and work
- recognise and develop your talents
- learn new skills
- communicate assertively
- improve confidence.....and much, much more.....!

WHO IS IT FOR?



It's designed specifically for women:

- of any age
- from any background
- who want to develop themselves personally or professionally.

WHAT DOES IT INVOLVE?

- Four dynamic & supportive workshops spread over a 3 month period
- The motivational Springboard Work Book
- Inspiring Guest Speakers
- Opportunities for networking.

WHAT DOES IT COST? PRICES HELD FROM 2009!

£490 + VAT (£563.50) to include the four workshops, workbook, lunch and all refreshments.

WHEN?

1st Workshop 27 Sept, 2nd Workshop 28 Oct, 3rd Workshop 24 Nov, 4th Workshop 14 Dec 2010

WHERE?

The Priory Rooms, 40, Bull Street, Birmingham, B4 6AF

(An oasis of calm in the centre of Birmingham a few minutes walk from New Street Station).

WHO'S DELIVERING IT?

About
Patricia

Patricia Cresswell - "WOW" finalist & inspirational facilitator/coach with experience of delivering over 100 Springboard programmes!

**WOW Awards
2010 Finalist**

*Outstanding Contribution to
Learning and Development*

FOR MORE INFORMATION CONTACT:

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courses@patriaciresswell.com www.patriaciresswell.com

BOOKING FORM NEXT PAGE

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Booking form for places on the programme to be held at The Priory Rooms, 40 Bull Street, Birmingham B4 6AF on 27 September, 28 October, 24 November, 14 December 2010

Employer.....

Address.....

.....Post Code.....

Employer Contact.....

Tel No:.....E-mail.....

I wish to book () place(s) for the following:

NAME / POSITION	TEL No & EMAIL
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Specific requirements (eg diet, access) Name and details
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Enquiries & reservations in first instance to courses@patriciacresswell.com

Price per place, fully inclusive: £490+VAT (£563.50)

Please invoice to employer details above Cheque enclosed - send to:

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